

Shikshan Prasark Mandal's
GOPAL KRISHNA GOKHALE COLLEGE,
KOLHAPUR

DEPARTMENT OF SPORTS



DEPARTMENT ACHIVEMENT

(2020-2021)



INTRODUCTION-

An activity involving physical exertion and skill in which an individual or team competes against another or others for entertainment. A person who behaves in a good or specified way in response to teasing, defeat or a similarity trying situation. Sports includes all forms of competitive physical activity or games which through casual or organised participation aim to use, maintain or improve physical ability and skills while providing enjoyment to participants and in some cases entertainment for spectators.

AIMS-

1. To help athletes achieve the best sports results and to have a long sports career.
2. It should be clear that coach training and teacher training world after valid up to date sports psychology materials and knowledge to students.

OBJECTIVES-

- To develop physical fitness by maintaining and increasing such components as speed, flexibility muscular strength, muscular endurance aerobic capacity, and anaerobic capacity
- To promote an awareness of and an ability to appreciate the aesthetic qualities of sporting performance and movement.

List of Achievement of International / National/ State and Regional Level Sports

Sr. No.	Name of the Students	Event	Prize	Year
1	Rajmahlar Mahesh Vhatkar	Wushu	National Bronze Medal	2020-21
2	Anapurna Sunil Kamble	Swimming(Para)	National Gold-1, Silver-1, Bronze-1 Medal	2020-21
3	Rajvardhan Jaysingrao Naik	Swimming	Bronze Medal	2020-21
4	Harshvardhan Jaysingrao Naik	Swimming	Bronze Medal	2020-21

DEPARTMENTAL ACTIVITIES-

Sr.No.	Date	Name of Activities	Mode
1	21 /06/2021	International Yoga Day Particiapnt-60 Celebration of international yoga at home by faculty Outcome- For fitness of physical and mental health	Online
2	06-08 /08/2021	Art of Living ,Workshop on Maintained Health of during pandemic COVID-19 duration Particiapnt-70 Oragnized workshop of yoga by Art of Living Outcome- For fitness of physical and mental health	Online
3	25/08/2021	Indoor Game Particiapnt-30 Organize indoor game for faculty Outcome- To help remove stress during pandemic period.	Offline
4	30/08/2021	Pranayam Training Particiapnt-26 Organize pranayam training for non-teaching Outcome-Fro help improving meditation	Offline

B.A/B.Sc/B.Com/BCA मधील सर्व विद्यार्थ्यांना कळवण्यात येते की,ART OF LIVING आणि GOPAL GOKHALE COLLEGE KOLHAPUR यांच्या संयुक्त विद्यमाने तीन दिवशीय योग कार्यशाळा आयोजित करण्यात येणार आहे. तरी सर्वांनी खाली दिलेल्या लिंकवर सोमवार दिनांक 26/07/2021 पर्यंत नोंदणी करावी. सदर योग वर्ग 45 मिनिटाचा असेल. कार्यक्रमाची वेळ आणि दिनांक आपणास कळवण्यात येईल.
-जिमखाना विभाग,Principal,GKG College, Kolhapur.

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Google Docs

**GOPAL KRISHNA GOKHALE
COLLEGE, KOLHAPUR IN
ASSOCIATION WITH THE ART OF
LIVING** ...
REGISTRATION FORM



ART OF LIVING REGISTRATION OF STUDERNTS (2020-2021)

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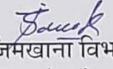
शिक्षण प्रसारक मंडळाचे
गोपाळ कृष्ण गोखले महाविद्यालय, कोल्हापूर
नोटीस

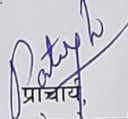


दिनांक :- 18/06/2021

सर्व प्राध्यापक, प्रशासकीय कर्मचारी व विद्यार्थी - विद्यार्थीनींसाठी

महाविद्यालयातील सर्व प्राध्यापक, प्रशासकीय कर्मचारी व विद्यार्थी - विद्यार्थीनींना कळविणेत येते की, सोमवार दिनांक 21 जून 2021 रोजी सातवा आंतरराष्ट्रीय योग दिन साजरा करणेचा आहे. याकरिता सर्वांनी योगा करून त्याचा व्हिडीओ प्रा. एन. आर. कांबळे यांच्या व्हॉटसअप नंबर 8484886375 वर सकाळी 9.00 वाजेपर्यंत पाठवावे.


जिर्मखाना विभाग,
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कोल्हापूर


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