



Principal **Dr. V. M. Patil**  
M.A., M.P.L., Ph.D.

Phone : 0231-2621187, 2621180



SHRI PRINCE SHIVAJI MARATHA BOARDING HOUSE'S, KOLHAPUR  
(Awarded of "An Ideal Institution" by Government of Maharashtra)

## THE NEW COLLEGE, KOLHAPUR

ARTS, COMMERCE, SCIENCE, B.C.S., B.C.A., B.B.A. & PG

Affiliated to Shivaji University, Kolhapur & Reaccredited By NAAC with A+ Grade  
1062, 'A' Ward, Shivaji Peth, Kolhapur - 416 012 Maharashtra



E-mail : nck30.d@unishivaji.ac.in  
nck@newcollege.ac.in

Website : www.newcollege.ac.in

Ref.No.: NCK/ 3013 / 2023 - 2024

Date : 28 NOV 2023

प्रति,

मा. प्राचार्य,  
गोपाळकृष्ण गोखले कॉलेज,  
कोल्हापूर

विषय - अग्रणी महाविद्यालय यांजनेअंतर्गत घेतल्या जाणाऱ्या कार्यशाळा / कॉन्फरन्स मंजूरीकरीता प्रस्ताव पाठवणेबाबत.....

महोदय,

शिवाजी विद्यापीठाच्या अग्रणी महाविद्यालय योजना क्लस्टर न्यू कॉलेज, कोल्हापूर अंतर्गत शैक्षणिक वर्ष २०२३-२४ मध्ये घ्यावयाच्या कार्यशाळा / कॉन्फरन्स करीता जेगवेगल्या किमान पाच विषयांचे प्रस्ताव सविस्तर माहितीसह ( Subject, Objectives, Need, Use & Importance of Subject इ ) दि.१० डिसेंबर २०२३ पर्यंत पाठवावेत या शिवाय रिसर्च सेन्सिटायझेशन स्कीम ( Research Sensitization Scheme ) करीता किमान दोन विषयांचे प्रस्ताव संशोधन आराखडयासह ( Synopsis ) पाठवावेत.

( टिप:- आपल्या महाविद्यालयातील सिनिअर विभागातील शैक्षणिक वर्ष २०२३-२४ ची एकूण विद्यार्थी संख्येचा वर्ग/ शाखानिहाय तपशील सदर प्रस्तावात नमूद करावा)

प्रा.डा. आर.पी.आडाव

समन्वयक

अग्रणी महाविद्यालय योजना

A. P. Suthar - जेगवेगळे  
30-11-23

प्राचार्य डॉ. की. एम. पाटील  
अध्यक्ष/प्राचार्य  
अग्रणी महाविद्यालय योजना

INWARD No. 854  
G.K. G. College, Kolhapur  
Date 30/11/2023



Shikshan Prasarak Mandal's  
**GOPAL KRISHNA GOKHALE COLLEGE,**  
**KOLHAPUR.**

'B' Ward, Subhash Road, Kolhapur Pin- 416 012. P. Box. No.-3

Phone No- (0231) 2642540 /2642340

NAAC Accredited "B" (C.G.P.A. 2.48) 3<sup>rd</sup> Cycle

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Web Site:- www.gkgcollege.edu.in

U-DISE - 27341304307

Vice Prin. Shri. N.T.Patil  
M. A. M.Ed.

I/c Prin. Dr. R. B. Bhuyekar  
M.A., M. Phil., Ph.D.(Hindi)

Ref. No.GKG/ 1199 /2023-24

Date - 09/12/2023

प्रति,

मा. अध्यक्ष / प्राचार्य,

अग्रणी महाविद्यालय योजना

न्यू कॉलेज क्लस्टर

न्यू कॉलेज, कोल्हापूर

विषय :- अग्रणी महाविद्यालय योजनेमधील कार्यक्रमांना मंजूरी मिळणे  
बाबत..

संदर्भ :- जा.क्र.एनसीके/3013/2023-2024 दिनांक 28/11/2023 चे पत्र

महोदय,

उपरोक्त पत्र संदर्भानुसार आमच्या महाविद्यालयात खालील यादीप्रमाणे कार्यशाळा संशोधन प्रकल्प आयोजित करण्याचे नियोजन केलेले आहे.

अ.क्र.	कार्यशाळेचा विषय	विभाग
1.	बौद्धिक मालमत्ता अधिकार (IPR)	मानसशास्त्र विभाग
2.	ई-लर्निंग, ई-रिसोर्सिएस इन अकॅडमिक लायब्ररी	ग्रंथालय विभाग
3.	हास्यामधील रसायनशास्त्र	रसायनशास्त्र विभाग
4.	सामाजिक संशोधनातील संख्याशास्त्रीय पध्दती	राज्यशास्त्र व मानसशास्त्र विभाग
5.	Opportunities in Tourism Sector & Kolhapur Tourism Development	बी.व्होक डिपार्टमेंट

तसेच Research Sensitization Scheme करीता प्राणीशास्त्र विभागाचा खालील प्रस्ताव पाठवत आहे.

“ Effect of novel herbicide sweep power (Glufosinate Ammonium) on Hematological and Enzymatic activity in different tissues of freshwater fish *Labeo rohita* ”

वरील प्रस्तावांना मंजूरी मिळावी ही विनंती



समन्वयक,

\*अग्रणी महाविद्यालय योजना

गोपाळ कृष्ण गोखले महाविद्यालय, कोल्हापूर



प्र. प्राचार्य,

गोपाळ कृष्ण गोखले महाविद्यालय,  
कोल्हापूर



Lead College Scheme  
SHIVAJI UNIVERSITY, KOLHAPUR



WORK IS WORSHIP  
SHRI PRINCE SHIVAJI MARATHA BOARDING HOUSE'S, KOLHAPUR  
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**Dr. R. P. Adav**

M.Com., M.L.I.Sc, M.Phil., Ph.D.

Member Secretary and Coordinator

9403772909

Principal **Dr. V. M. Patil**  
M.A., M.Phil., Ph. D.  
Chairman, Lead College Working Committee  
M. 9421111320 / 0231-2621187/88

Date: 15 DEC 2023

Ref.No.: NCK/ 3220 /2023 -2024

प्रति,

मा प्राचार्य,  
गोपाळकृष्ण गोखले कॉलेज, कोल्हापूर.

Lead College Working  
Committee Members

विषय :- शिवाजी विद्यापीठ अग्रणी महाविद्यालय योजनेअंतर्गत क्लस्टर न्यू कॉलेज,  
कोल्हापूर द्वारे कार्यशाळांना मंजुरीबाबत.

Prin. Dr. L. D. Kadam  
Principal

महोदय,

उपरोक्त विषयास अनुसरून आपणास कळविणेत येते कि, आपण अग्रणी  
महाविद्यालय योजनेअंतर्गत एक दिवसीय कार्यशाळेसाठी प्रस्ताव पाठवलेले होते. त्यापैकी  
खालील तीन विषयांच्या कार्यशाळांना मंजुरी देण्यात येत आहे.

Prin. Dr. V. A. Patil  
Principal

Prin. Dr. R. P. Lokhande  
Principal

अ.क्र	मंजूर कार्यशाळा विषय
१	ई - लर्निंग, ई - रिसोर्सिंस इन अॅकॅडमीक लायब्ररी
२	हास्यामधील रसायनशास्त्र
३	सामाजिक संशोधनातील संख्याशास्त्रीय पद्धती

उपरोक्त तीन मंजूर विषयांपैकी कोणत्याही दोन विषयांच्या कार्यशाळा पहिल्या  
टप्प्यात (दि. ३१ जानेवारी २०२४ पर्यंत) आयोजित कराव्यात. उर्वरित एक मंजूर कार्यशाळा  
दुसऱ्या टप्प्यात आयोजनासाठी आपणास स्वतंत्र पत्राद्वारे कळविणेत येईल त्यानंतरच सदर  
कार्यशाळेचे आयोजन करावे.

सोबत जोडलेल्या सुचनांच्या आधीन राहून कार्यशाळा पूर्ण कराव्यात.

A.P. Sutar

16.12.23

प्रा.डा. आर.पी.आडाव  
CO-ORDINATOR

LEAD COLLEGE SCHEME  
THE NEW COLLEGE, KOLHAPUR

प्राचार्य डॉ. र.प. लोखंडे  
PRINCIPAL/CHAIRMAN  
LEAD COLLEGE SCHEME  
THE NEW COLLEGE, KOLHAPUR

INWARD No. 936  
G.K. G. College, Kolhapur  
Date: 16/12/2023



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**Vice Prin. Shri. N. T. Patil**  
M. A. M.Ed.

**I/c Prin. Dr. R.B.Bhuyekar**  
M.A., M. Phil., Ph.D.(Hindi)

Ref. No.GKG/1293/2023-2024

Date -04/01/2024

To,  
The Principal / Chairman  
Lead College Scheme (The New College Cluster)  
The New College, Kolhapur.

Subject : About dates of workshops to be organized in month January 2024 under  
Lead College Scheme .....

Reference – NCK/3220/2023-2024 Dated 15/12/2023.

Respected Sir,

As per the subject and reference mentioned above, our college is going to organize the following workshops on the dates mentioned during academic year 2023-2024.

Sr. No.	Name of Workshop	Name of Department	Day & Date
1	Chemistry of Laugh	Chemistry	Tuesday, 09 <sup>th</sup> January 2024
2	E-Learning , E-Resources in Academic Library	Library	Friday, 19 <sup>th</sup> January 2024

Thanking you,

Yours faithfully,

Co-ordinator  
Lead College Scheme  
G.K.G. College, Kolhapur.

I/c. Principal,  
Gopal Krishna Gokhale College,  
Kolhapur.



Patil  
8-1-24

Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop



On  
**"Chemistry of Laugh"**

Organized by  
**Department of Chemistry**  
(Under Shivaji University Lead College Scheme)

**Inauguration Function**

Day & Date: - Tuesday, 9<sup>th</sup> January, 2024

Time: 10.45 a.m. to 11.15 a.m.

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall

President : Hon. Principal Dr. R. B. Bhuyekar

Chief Guest : Hon. Dr. L. D. Kadam  
Principal & Member of Working Committee,  
Lead College Scheme, New College Cluster,  
Rajashri Chattrapati Shahu College,  
Kadamvadi, Kolhapur.

Gracious Presence : Hon. Dr. Mrs. Manjiri Ajitrao More,  
Chairman, Shikshan Prasarak Mandal, Kolhapur.

: Hon. Prof. Jaykumar M. Desai,  
Secretary, Shikshan Prasarak Mandal, Kolhapur.

: Hon. Shri. Daulatrao Jaykumar Desai,  
Patron Council Member,  
Shikshan Prasarak Mandal, Kolhapur.

: Hon. Shri. Pramod B. Zavare  
Teacher Representative Council Member,  
Shikshan Prasarak Mandal, Kolhapur.

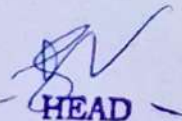
: Vice- Prin. Shri. N.T. Patil.

: Prof. Dr. D.V. Awale, NAAC Co-ordinator

: Shri. P. P. Sutar, Co-ordinator Lead College Scheme  
& Head, Department of Chemistry

**Programme**

1. Watering the Plant : By Chief Guest & dignitaries
2. Welcome & Introduction : Shri. P. P. Sutar, Lead College Co-ordinator & HOD.
3. Chief Guest Introduction : Shri. P. B. Zavare, Workshop Co-ordinator.
4. Chief Guest Address : Hon. Prin. Dr. L. D. Kadam.
5. Presidential Address : Prin. Dr. R. B. Bhuyekar.
6. Vote of Thanks : Shri. D. K. Narale

  
HEAD

Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur.

  
PRINCIPAL,

Gopal Krishna Gokhale College  
Kolhapur.

Anchoring : Dr. Mrs. Smita S. Giri



Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop  
On

## "Chemistry of Laugh"

Organized by

**Department of Chemistry**

(Under Shivaji University Lead College Scheme)

Day & Date : Tuesday, 09<sup>th</sup> January, 2024.

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall

### Program Schedule

Registration & Tea: 09.30 a.m. to 10.30 a.m.

Inauguration Function Time: 10.45 a.m. to 11.15 a.m.

**Session – I** Time: 11.15 a.m. to 12.15 p.m.

Resource Person : Dr. Vivek Vitthal Kotekar, Counseling Psychologist, Kolhapur.

#### Speech on Science behind Laugh

Introduction : Prof. Dr. D. V. Awale

Chair Person : Dr. C .P. Kurne, HOD, History Dept. G. K. G. College

Vote of Thanks : Prof. Dr. D. V. Awale

**Session – II** Time: 12.15 p.m. to 01.15 p.m.

Resource Person : Dr. Dilip Shaha, Ambassador, Laughter Yoga International

#### Speech with Practical on Laughter Yoga & Health

Introduction : Shri. P. B. Zavare

Chair Person : Shri. Bhanudas Kolekar, Ambassador, Laughter Club International

Vote of Thanks : Shri. P. B. Zavare

**Lunch Break: 01.15 p.m. to 02.00 p.m.**

**Session – III** Time: 02.00 p.m. to 03.00 p.m.

Resource Person : 1) Prof. Dr. D. V. Awale **Speech on Chemistry of Happy Hormones**

2) Shri. P. B. Zavare **Speech on Laughter Yoga as a Medicine**

Chair Person : Dr. R. P. Jadhav HOD Botany Dept.

Vote of Thanks : Dr. Mrs. S. S. Giri

**Valedictory Ceremony** Time: 03.15 p.m. to 04.00 p.m.

Introduction : Dr. Mrs. S. S. Giri

Chair Person : Shri. P. B. Zavare

Participant opinion :

Vote of Thanks : Shri. P. P. Sutar

**Distribution of Certificates** Time: 04.00 p.m. to 05.00 p.m.

Anchoring : Dr. Mrs. S. S. Giri

HEAD

Department of Chemistry

Gopal Krishna Gokhale College, Kolhapur.

PRINCIPAL,

Gopal Krishna Gokhale College  
Kolhapur.



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Vice Prin. Shri. N. T. Patil  
M. A. M.Ed.

I/c Prin. Dr. R.B.Bhuyekar  
M.A., M. Phil., Ph.D.(Hindi)

Ref. No.GKG/1315/2023-2024

Date -09/01/2024

To,  
Hon. Principal Dr. L. D. Kadam  
Member of Working Committee,  
Shivaji University Lead College Scheme  
The New College Cluster,  
Rajarshri Chatrapati Shahu College  
Kolhapur.

Sub: Letter of Appreciation

R/Sir,

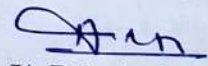
We would like to express our sincere gratefulness towards you for attending & delivering a speech on "Concept of Lead College Scheme" on Tuesday, 9<sup>th</sup> January 2024 for college students & staff, in the workshop titled "Chemistry of Laugh" organized by Department of Chemistry. We are obliged to you for your contribution for making this event successful and sparing your precious time.

We hope you will render your cooperation in future too.

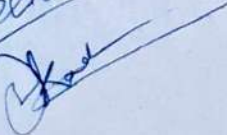
Thanking you.

  
**HEAD**  
Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur.

Yours faithfully

  
I/c Principal  
Gopal Krishna Gokhale College,  
Kolhapur.

Received







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स्वातंत्र्याचा अमृत परोक्षार

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Vice Prin. Shri. N. T. Patil  
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I/c Prin. Dr. R.B.Bhuyekar  
M.A., M. Phil., Ph.D.(Hindi)

Ref. No.GKG/1315/2023-2024

Date -09/01/2024

To,  
Dr.Vivek Vithal Kotekar  
Counseling Psychologist  
Kolhapur

Sub: Letter of Appreciation

R/Sir,

We would like to express our sincere gratefulness towards you for delivering a invited talk on topic **Science behind Laugh** on Tuesday, 9<sup>th</sup> January 2024 for college students & staff, in the workshop titled "**Chemistry of Laugh**" organized by department of Chemistry. We are obliged to you for your contribution for making this event successful and sparing your precious time.

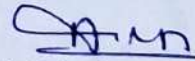
The talk gave insight of the subject thoroughly. It was really nice and informative lecture which enlightened students & staff. We hope you will render your cooperation in future too.

Thanking you.

  
HEAD

Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur

Yours faithfully



I/c Principal  
Gopal Krishna Gokhale College,  
Kolhapur.

  
9/1/2024







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Vice Prin. Shri. N. T. Patil  
M. A. M.Ed.

I/c Prin. Dr. R.B.Bhuyekar  
M.A., M. Phil., Ph.D.(Hindi)

Ref. No.GKG/ 1315 /2023-2024

Date -09/01/2024

To,  
Dr.Dilip Shaha  
Ambassador, Laughter Yoga International,  
Kolhapur.

Sub: Letter of Appreciation

R/Sir,

We would like to express our sincere gratefulness towards you for delivering a invited talk on topic "Laughter Yoga & Health" on Tuesday, 9<sup>th</sup> January 2024 for college students & staff, in the workshop titled "Chemistry of Laugh" organized by Department of Chemistry. We are obliged to you for your contribution for making this event successful and sparing your precious time.

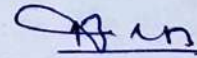
The talk gave insight of the subject thoroughly. It was really nice and informative lecture which enlightened students & staff. We hope you will render your cooperation in future too.

Thanking you.

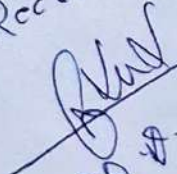
  
HEAD

Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur.

Yours faithfully



I/c Principal  
Gopal Krishna Gokhale College,  
Kolhapur.

Received  
  
2023.01.09





Shikshan Prasarak Mandal's  
**GOPAL KRISHNA GOKHALE COLLEGE,**  
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g260.cl@unishivaji.ac.in Web Site:- www.gkgcollege.edu.in

**Vice Prin. Shri. N. T. Patil**  
M. A. M.Ed.

**I/c Prin. Dr. R.B.Bhuyekar**  
M.A., M. Phil., Ph.D.(Hindi)

Ref. No.GKG/by hand /2023-2024

Date -09/01/2024

To  
**Shri. Bhanudas Kolekar,**  
**Ambassador, Laughter Club International**  
**Peth Vadgaon.**  
**Tal : Hataklangale**  
**Dist: Kolhapur.**

Sub: Letter of Appreciation

R/Madam,

We would like to express our sincere gratefulness towards you for Chairing for Session I of One day workshop on "**Chemistry of Laugh**" under Lead College Scheme of Shivaji University, Kolhapur (The New College, Kolhapur Cluster) on Tuesday 9<sup>th</sup> January 2024 between 12.15 am. to 01.15 pm.

We are obliged to you for your contribution for making this event successful and sparing your precious time.

We hope you will render your cooperation in future too.

Thanking you.

Yours faithfully

Mr. P. B. Zavare  
Workshop Co-ordinator

Mr. P. P. Sutar  
Lead College Co-ordinator  
& Head, Dept. of Chemistry

Dr. R. B. Bhuyekar  
I/c Principal  
Gopal Krishna Gokhale  
College, Kolhapur.

Recd





Shikshan Prasarak Mandal's  
**GOPAL KRISHNA GOKHALE COLLEGE,**  
**KOLHAPUR.**

'B' Ward, Subhash Road, Kolhapur Pin- 416 012. P. Box. No.-3

Phone No- (0231) 2642540 /2642340

NAAC Accredited "B" (C.G.P.A. 2.48) 3<sup>rd</sup> Cycle



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**Vice Prin. Shri. N. T. Patil**  
**M. A. M.Ed.**

**I/c Prin. Dr. R.B.Bhuyekar**  
**M.A., M. Phil., Ph.D.(Hindi)**

Ref. No.GKG/ /2023-2024

Date -09/01/2024

To,  
Prof. Dr. D. V. Awale  
Resources Person  
G. K. G. College, Kolhapur.

Sub: Letter of Appreciation

R/Madam,

We would like to express our sincere gratefulness towards you for delivering a invited speech on "Speech on Chemistry of Happy Hormones " on Tuesday 9<sup>th</sup> January 2024 for college teachers and students. We are obliged to you for your contribution for making this event successful and sparing your precious time.

The talk gave insight of the subject thoroughly. It was really nice and informative lecture which enlightened students & staff. We hope you will render your cooperation in future too.

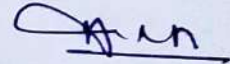
Thanking you.

  
**HEAD**

Department of Chemistry

Gopal Krishna Gokhale College, Kolhapur

Yours faithfully



**Principal.**

**G. K. Gokhale College, Kolhapur.**

Received  
Janak





Shikshan Prasarak Mandal's  
**GOPAL KRISHNA GOKHALE COLLEGE,**  
**KOLHAPUR.**

'B' Ward, Subhash Road, Kolhapur Pin- 416 012. P. Box. No.-3

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**Vice Prin. Shri. N. T. Patil**  
**M. A. M.Ed.**

**I/c Prin. Dr. R.B.Bhuyekar**  
**M.A., M. Phil., Ph.D.(Hindi)**

Ref. No.GKG/ *by hand* /2023-2024

Date -09/01/2024

To,  
Mr. P. B. Zavare  
Resources Person  
Hasya Club, Peth Vadgaon.  
Tal : Hataklangale  
Dist: Kolhapur.

Sub: Letter of Appreciation

R/Madam,

We would like to express our sincere gratefulness towards you for delivering a invited "**Speech on Laughter Yoga as a Medicine**" on Tuesday 9<sup>th</sup> January 2024 for college teachers and students. We are obliged to you for your contribution for making this event successful and sparing your precious time.

The talk gave insight of the subject thoroughly. It was really nice and informative lecture which enlightened students & staff. We hope you will render your cooperation in future too.

Thanking you.

Yours faithfully

  
HEAD



Principal.

Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur.

G. K. Gokhale College, Kolhapur.

Received.  




Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop  
On

**"Chemistry of Laugh"**

Organized by  
**Department of Chemistry**  
(Shivaji University Lead College Scheme)  
(The New College Cluster)

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall

Day & Date : Tuesday, 09<sup>th</sup> January, 2024.

Session - I : Time: 11.15 a.m. to 12.15 noon.

Resource Person : Dr. Vivek Vitthal Kotekar  
Counseling Psychologist Kolhapur.  
(Speech on Science behind Laugh)

**Attendance Sheet**

Sr. No.	Name	Class	Signature
1	Prof. R. B. Mulla	GKG	
2	Prof. S.M. Majaankar	GKG	
3	Dr. S. S. Lendave	GKG College	
4	Sanika Nilesh Kanbaakar	SSCM.BSc	
5	Vishiri Vibhav Chikhalkar	SSCM.B.Sc	
6	Aakanksha Pradeep Kolekar	SSCM.B.Sc	
7	Rutuja Ramchandra Desai	SSCM B.Sc	
8	Miss P. A. Ghokap (Asst. Professor)	VCK	
9	Miss S. N. Inamdar (Asst. Prof.)	VCK	
10	Pradnya Sakharan Gosavi	VCK	
11	Sanika Satish Bhojkar	VCK	
12	Preena Suresh Jadhav	VCK	
13	Sakshi Nandkumar Chotthe	VCK	
14	Pratiksha Dipak Koruche	VCK	
15			
16			
17			
18			
19			
20			

HEAD

Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur.

(40)

Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop  
On

**"Chemistry of Laugh"**

Organized by

**Department of Chemistry**

(Shivaji University Lead College, Scheme)  
(The New College Cluster)

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall

Day & Date : Tuesday, 09<sup>th</sup> January, 2024.

Session - I : Time: 11.15 a.m. to 12.15 noon.

Resource Person : Dr. Vivek Vitthal Kotekar  
Counseling Psychologist Kolhapur.  
(Speech on Science behind Laugh)

**Attendance Sheet**

Sr. No.	Name	Class	Signature
21	Shrutika S. Vankundae	BSC-3 <sup>rd</sup>	<u>Shrutika</u>
22	Vaijayanti P. Patil	BSC-3 <sup>rd</sup>	<u>V. Patil</u>
23	Rutuja M. Patil	BSC-3 <sup>rd</sup>	<u>R. Patil</u>
24	Priyanka N. Khamkar	Teacher	<u>P. Khamkar</u>
25	Komal J. Rajput	BSC-3 <sup>rd</sup>	<u>K. Rajput</u>
26	Sayali Rajaram Patil	BSC-3 <sup>rd</sup>	<u>S. Patil</u>
27	Harshali Ushal Abdegure	BSC III	<u>H. A.</u>
28	Pratiksha Babaso Kamble	BSC-III	<u>P. Kamble</u>
29	Shrutika Sachin Kashid	BSC-III	<u>S. Kashid</u>
30	Sujata Gopal Navagekar	BSC. III	<u>S. Navagekar</u>
31	Rutuja Suresh Gudade	BSC III	<u>R. Gudade</u>
32	Dnyaneshwari Yuvaraj Patil	BSC III	<u>D. Patil</u>
33	Sayali Balvant Alaukar	BSC III	<u>S. Alaukar</u>
34	Shrutika Suresh Kadam	BSC III	<u>S. Kadam</u>
35	Dhanshri S. Jadhav	BSC III	<u>D. S. Jadhav</u>
36	Priyanka R. Chavan	BSC III	<u>P. Chavan</u>
37	Giriraj Suresh Chougale	BSC III	<u>G. Chougale</u>
38	Omkar Sambhaji Patil	BSC III	<u>O. Patil</u>
39	Jhansiya Banaji Myawar	B.C.A II	<u>J. Myawar</u>
40	Ganija Sandip Nale	B.C.A II	<u>G. Nale</u>
41	Aniya Hitakshi Shenkarwad	BCA II	<u>A. Shenkarwad</u>
42	Disha Dalaguru Salam	BCA II	<u>D. Salam</u>

HEAD

(41)

Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop  
On

**"Chemistry of Laugh"**

Organized by

**Department of Chemistry**  
(Shivaji University Lead College, Scheme)  
(The New College Cluster)

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall

Day & Date : Tuesday, 09<sup>th</sup> January, 2024.

Session - I : Time: 11.15 a.m. to 12.15 noon.

Resource Person : Dr. Vivek Vitthal Kotekar  
Counseling Psychologist Kolhapur.  
(Speech on Science behind Laugh)

**Attendance Sheet**

Sr. No.	Name	Class	Signature
41	shubham Kisan Patil	BSC-III	
42	Saurabh Tanaji Ghadekar	BSc - III	
43	Prathamesh Hanirvijay Ghadeke	B.Sc.III	
44	Sanket Jayawant Kamble	B.sc.III	
45	Karan Shashikant Jadhav	B.Sc.III	
46	Sudhilkumar Shashikant Magdum	BSC III	
47	Sushant Suresh Khyerkar	B.Sc.III	
48	Virat Gurusdas Thombare	B.Sc.III	
49	Pathviraj Ravasheeb Lohar	BSC-III	
50	Sujay Suresh Kalkutki	BSC-III	
51	sarthak Sanjay Kanire	BSC.III	
52	Anush Anil. Kamble	BSC.III	
53	omkar. s. Bote	BSC.III	
54	vaibhav binkar magdum	BSC.III	
55	swray. s. sarnaik	BSC.III	
56	Shivam. s. Patil	BSC.III	
57	AKASH. SURYOKANT PATIL	BSC.III	
58	Digvijay Shahaji Kapase	BSC.III	
59	Ramesh. Amando Kadoli	BSC.III	
60	rahit. s. jadhav	BSC.III	

HEAD

(50)

Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop

On  
"Chemistry of Laugh"

Organized by

**Department of Chemistry**

(Shivaji University Lead College, Scheme)

Venue : Shikshan Maharshi Principal, M. R. Desai Library Hall

Day & Date : Tuesday, 09<sup>th</sup> January, 2024.

Session - III Time: 02.00 p.m. to 03.00 p.m.

Resource Person : 1) Prof. Dr. D. V. Awale

**Speech on Chemistry of Happy Hormones**  
2) Shri. P. B. Zavare

**Speech on Laughter Yoga as a Medicine**

: Dr. Mrs. S. S. Giri

: Dr. R. P. Jadhav HOD Botany Dept.

: Dr. Mrs. S. S. Giri

Introduction

Chair Person

Vote of Thanks

### Attendance Sheet

Sr. No.	Name	Class	Signature
1.	Chougale Lanika Bajirao	B.Sc III	<i>Chougale.</i>
2.	Chavan Surbhi Suhel	B.Sc III	<i>Surbhi</i>
3.	chougale sejai Rakesh.	B.Sc III	<i>Sejai</i>
4.	Sutae Dipti Tatoba	B.Sc III	<i>Dipti</i>
5.	Sutae Sakshi Anil	B.Sc III	<i>Sakshi</i>
6)	Banika Satish Bhojkar	B.Sc III	<i>Bhojkar</i>
7)	Pradnya Sakharan Gosavi	B.Sc III	<i>Gosavi</i>

*The New College, KGP*

HEAD

Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur.



57

Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop



On  
"Chemistry of Laugh"

Organized by  
**Department of Chemistry**  
(Shivaji University Lead College Scheme)  
(The New College Cluster)

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall  
Day & Date : Tuesday, 09<sup>th</sup> January, 2024.  
Time: 10.00 a.m. to 05.00 pm.

Feedback Form

Name of the Participant: Disha Satam & Sakshi Kambare

Name of the College: Kamala College, Kolhapur

1) Please read the following points & put a (✓) mark for your feedback

Sr. No.	Particulars	Excellent	Good	Average
1	Inauguration function		✓	
2	Session I	✓		
3	Session II	✓		
4	Session III		✓	
5	Organization of the program		✓	

2) Please give your opinion about the organization of the program:

- 1) The program taught laughter importance.
- 2) The points by the lecturer was clearly explained.

Batam

Signature of Participant

HEAD

Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur.

55

Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop

On  
"Chemistry of Laugh"  
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Department of Chemistry  
(Shivaji University Lead College Scheme)  
(The New College Cluster)



Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall  
Day & Date : Tuesday, 09<sup>th</sup> January, 2024.  
Time: 10.00 a.m. to 05.00 pm.

### Feedback Form

Name of the Participant: Komal. Jayant. Rajput

Name of the College: Mahavir College


1) Please read the following points & put a (✓) mark for your feedback

Sr. No.	Particulars	Excellent	Good	Average
1	Inauguration function	✓		
2	Session I		✓	
3	Session II		✓	
4	Session III		✓	
5	Organization of the program			

2) Please give your opinion about the organization of the program:

- 1) It was great to attend the workshop
- 2) \_\_\_\_\_

K. Rajput  
Signature of Participant

  
**HEAD**  
Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur

Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur.  
One Day Workshop

On  
"Chemistry of Laugh"

Organized by  
**Department of Chemistry**  
(Shivaji University Lead College Scheme)  
(The New College Cluster)



Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall  
Day & Date : Tuesday, 09<sup>th</sup> January, 2024.  
Time: 10.00 a.m. to 05.00 pm.

**Feedback Form**

Name of the Participant: Rutuja Mohan Patil

Name of the College: Mahaveer clg. Kolhapur


1) Please read the following points & put a (✓) mark for your feedback

Sr. No.	Particulars	Excellent	Good	Average
1	Inauguration function			
2	Session I		✓	
3	Session II	✓	✓	
4	Session III		✓	
5	Organization of the program	✓	✓	

2) Please give your opinion about the organization of the programme:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_

~~PCU~~  
Signature of Participant

  
HEAD  
Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur.



Shikshan Prasarak Mandal's

# **GOPAL KRISHNA GOKHALE COLLEGE, KOLHAPUR**

*Shivaji University, Kolhapur.*

*Lead College Scheme (The New College Cluster)*

*Department of Chemistry Organized One Day Workshop On*

😊 **CHEMISTRY OF LAUGH** 😊

## *Certificate*

*This is certified that, Mr./Ms./Mrs./Dr. Sanika... Nilesh... Kanbarkar.....  
of Shri. Shrihari. Chh. Mahavidyalaya, Kophas participated in One Day Workshop  
on "**Chemistry of Laugh**" under Lead College Scheme, The New College Cluster,  
Shivaji University, Kolhapur, organized by Department of Chemistry,  
Gopal Krishna Gokhale College, Kolhapur on Tuesday, 9<sup>th</sup> January, 2024.*

**Mr. P. B. Zavare**

Program Co-ordinator

**Mr. P. P. Sutar**

Co-ordinator, Lead College Scheme, Head of Department

**Dr. R. B. Bhuyekar**

I/C Principal



Shikshan Prasarak Mandal's

# **GOPAL KRISHNA GOKHALE COLLEGE, KOLHAPUR**

*Shivaji University, Kolhapur.*

*Lead College Scheme (The New College Cluster)*

*Department of Chemistry Organized One Day Workshop On*

😊 **CHEMISTRY OF LAUGH** 😊

## *Certificate*

*This is certified that, Mr./Ms./Mrs./Dr. Anbharnesh Harivijay Ghodake,.....  
of Shri. Sahaji Chh. Mahavidyalaya, Kopas participated in One Day Workshop  
on "Chemistry of Laugh" under Lead College Scheme, The New College Cluster,  
Shivaji University, Kolhapur, organized by Department of Chemistry,  
Gopal Krishna Gokhale College, Kolhapur on Tuesday, 9<sup>th</sup> January, 2024.*

**Mr. P. B. Zavare**

Program Co-ordinator

**Mr. P. P. Sutar**

Co-ordinator, Lead College Scheme, Head of Department

**Dr. R. B. Bhuyekar**

LC Principal

# मनमुराद हसाल तरच आजारापासून दूर

## डॉ. दिलीप शाह यांचे प्रतिपादन

कोल्हापूर:प्रतिनिधी

छोट्या-छोट्या गोष्टीत आनंद आहे तो शोधून हास्याच्या माध्यमातून आपले जीवन निरोगी बनवावे. त्यामुळे शरीरातील वक्तप्रवाह सुरूळीत होतो व पोटातील अवयवांचा व्यायाम होतो. आयुष्य वाढते व कोणताही आजार होत नाही चेहऱ्यावर तेज येते असे प्रतिपादन डॉ. दिलीप शाह यांनी केले.



शिवाजी विद्यापीठ, लिड कॉलेज स्कीम व द न्यू कॉलेज कोल्हापूर क्लस्टर तर्फे गोपाळ कृष्ण गोखले महाविद्यालयात आयोजित हसण्यातील रसायनशास्त्र या विषयावरील एक दिवसीय कार्यशाळेत ते बोलत होते. यावेळी डॉ. एल. डी. कदम यांनी बोलताना जीवन जगत असताना आपल्या मनावर विविध गृहितके बिंबवली जातात परंतु त्यातून बाहेर पडून हास्याद्वारे मुक्त आनंदी जीवन जगण्याचा प्रयत्न केल्यास जीवन आनंदमय वनेल असे मत व्यक्त केले. पाहण्यांचा

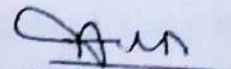
परिचय प्रा. पी. बी. झावरे यांनी करून दिला.

अध्यक्षीय मनोगत व्यक्त करताना प्राचार्य डॉ. आर. बी. भुयेकर यांनी सदरची कार्यशाळा महत्त्वाची असून वैशिवकीकरणामध्ये आपण वावरत असून तणावग्रस्त जीवनात आनंदी राहून निरोगी आयुष्य जगण्यासाठी हास्यकला आत्मसात करणे काळाची गरज आहे, असे मत व्यक्त केले. स्वागत व प्रास्ताविक प्रा. पी. पी. सुतार यांनी केले. यावेळी डॉ. एल. डी. कदम (प्राचार्य राजर्षी छ.शाहू महाविद्यालय, कोल्हापूर) डॉ. विवेक विठ्ठल कोतेकर व प्राचार्य

डॉ. आर. बी. भुयेकर यांच्या हस्ते रोपाला पाणी घालून कार्यशाळेचे उद्घाटन करण्यात आले. तत्पुर्वी प्रथम सत्रात बोलताना डॉ. विवेक कोतेकर यांनी सध्या धावपळीचे जग असून दिवसेंदिवस तरुण पिढी हास्य विसरून तणावग्रस्त बनली आहे. मोबाईलच्या मोहात अडकली असून आपण सकारात्मक मानसिकता ठेवून हास्याच्या माध्यमातून जीवन आनंदी व सुंदर बनवावे असे मत व्यक्त करून हास्य प्रकारांचे प्रात्यक्षिके करून दाखवली. त्याचा सर्व उपस्थितांनी सहभाग घेऊन मनमुराद हास्याचा अनुभव घेतला.

  
 HEAD

Department of Chemistry  
 Gopal Krishna Gokhale College, Kolhapur

  
 PRINCIPAL

Roopal Krishna Gokhale College  
 Kolhapur



ShikshanPrasarakMandal's  
**GOPAL KRISHNA GOKHALE COLLEGE,  
KOLHAPUR.**

'B' Ward, Subhash Road, Kolhapur Pin- 416 012. P. Box. No.-3

Phone No- (0231) 2642540 /2642340

NAAC Accredited "B" (C.G.P.A. 2.48) 3<sup>rd</sup> Cycle



E-Mail:- gkgcollege1950@gmail.com g260.cl@unishivaji.ac.in Web Site:- www.gkgcollege.edu.in  
U-DISE - 27341304307

Vice Prin. Shri. N. T. Patil  
M. A. B.Ed

I/c Prin. Dr. R.B.Bhuyekar  
M.A., M. Phil., Ph.D.

Ref. No.GKG/1323/2023-24

Date -09/01/2024

**केमिस्ट्री ऑफ लाफ कार्यशाळेचा अहवाल**

शिवाजी विद्यापीठ, लीड कॉलेज स्कीम व द न्यू कॉलेज कोल्हापूर क्लस्टर तर्फे गोपाळ कृष्ण गोखले महाविद्यालयात हसण्यातील रसायनशास्त्र या विषयावरील एक दिवसीय कार्यशाळा मोठ्या उत्साहात संपन्न झाली. कार्यक्रमाच्या अध्यक्षस्थानी प्राचार्य डॉ. आर. बी. भुयेकर होते.

स्वागत व प्रास्ताविक प्रा. पी. पी. सुतार यांनी केले. यावेळी डॉ. एल. डी. कदम (प्राचार्य राजर्षी छत्रपती शाहू महाविद्यालय, कोल्हापूर) डॉ. विवेक विठ्ठल कोतेकर व प्राचार्य डॉ. आर. बी. भुयेकर यांच्या हस्ते रोपाला पाणी घालून कार्यशाळेचे उद्घाटन करण्यात आले.

डॉ. एल. डी. कदम यांनी बोलताना जीवन जगत असताना आपल्या मनावर विविध गृहितके बिंबवली जातात परंतु त्यातून बाहेर पडून हास्याद्वारे मुक्त आनंदी जीवन जगण्याचा प्रयत्न केल्यास जीवन आनंदमय वनेल असे मत व्यक्त केले. पाहुण्यांचा परिचय प्रा. पी. बी. झावरे यांनी करून दिला. अध्यक्षीय मनोगत बोलताना प्राचार्य डॉ. आर. बी. भुयेकर यांनी सदरची कार्यशाळा महत्वाची असून वैश्विकीकरणामध्ये आपण वावरत असून तणावग्रस्त जीवनात आनंदी राहून निरोगी आयुष्य जगण्यासाठी हास्यकला आत्मसात करणे काळाची गरज आहे असे मत व्यक्त केले.

प्रथम सत्रात बोलताना डॉ. विवेक कोतेकर यांनी सध्या धावपळीचे जग असून दिवसेंदिवस तरुण पिढीहास्य विसरून तणावग्रस्त बनली आहे. मोबाईलच्या मोहात अडकली असून आपण सकारात्मक मानसिकता ठेवून हास्याच्या माध्यमातून जीवन आनंदी व सुंदर बनवावे असे मत व्यक्त करून हास्य प्रकारांचे प्रात्यक्षिके करून दाखवली त्याचा सर्व उपस्थितांनी सहभाग घेऊन मनमुराद हास्याचा अनुभव घेतला.

द्वितीय क्षेत्रात बोलताना डॉ. दिलीप शाह यांनी छोट्या - छोटयागोष्टीत आनंद आहेतो शोधून हास्याच्या माध्यमातून आपले जीवन निरोगी बनवावे. त्यामुळे शरीरातील रक्तप्रवाह सुरळीत होतो व पोटातील

अवयवांचा व्यायाम होतो. आयुष्य वाढते व कोणताही आजार होत नाही चेह-यावर तेज येते त्यामुळे तणाव व आजारापासून दूर राहण्यासाठी मनमुराद हसा असा सल्ला दिला यावेळी त्यांनी हास्य प्रकाराद्वारे सर्वांना खळखळून हसवले.

तृतीय सत्रात बोलताना प्रा.डॉ. डी. व्ही. आवळे यांनी केमिस्ट्री ऑफ हॅपी हार्मोन्स या विषयावर बोलताना शरीरामध्ये वेगवेगळे हार्मोन्स असतात काही चांगली रसायने (हार्मोन्स) असतात. तर काही सॅड हार्मोन्स असतात. त्यामुळे आपण नेहमी हसत राहिल्यास आपण निरोगी व आनंदी जीवन जगू शकतो याची वैज्ञानिक कारणे सविस्तरपणे नमूद केली. यावेळी प्रा. पी. बी. झावरे यांनी प्रात्यक्षिके घेतली.


समारोप समारंभात डॉ.सौ.एस.एस.गिरी मॅडम यांच्या अध्यक्षतेखाली उपस्थित सहभागी विद्यार्थी - विद्यार्थीनींना प्रमाणपत्रे देणेत आली. यावेळी सहभागी लोहार पृथ्वीराज, कु.गुडादे ऋतुजा (राजाराम कॉलेज), कु.कोरुची प्रतिका (विवेकानंद कॉलेज), कु.आहुजा हिताक्षी (कमला कॉलेज) आणि कु.जाधव धनश्री (गोखले कॉलेज) यांनी आपले मनोगत व्यक्त केले. आभार प्रदर्शनाने कार्यक्रमाची सांगता झाली.

या कार्यक्रमास शिक्षण प्रसारक मंडळाचे सेक्रेटरी प्रा. जयकुमार देसाई, चेअरमन प्रा.डॉ.मंजिरी मोरे, पेट्रन कौन्सिल सदस्य दौलत देसाई यांचे प्रोत्साहन व मागदर्शन लाभले.

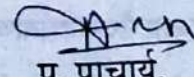
यावेळी प्राचार्य डॉ. आर. बी. भुयेकर, कौन्सिल सदस्य प्रा. पी. बी. झावरे, प्रा. पी. पी. सुतार, प्रा.डॉ.डी.व्ही.आवळे, प्रा.डॉ.एस.एस.गिरी, प्रा. डी. के. नरळे, प्रा.डॉ. सी.पी.कुरणे, प्रा.एस.आर.घाटगे, प्रा. डॉ. आर.पी.जाधव तसेच सर्व प्राध्यापक, प्रशासकीय कर्मचारी विद्यार्थी मोठया संख्येने उपस्थित होते.

यावेळी केमिस्ट्री ऑफ लाफ या विषयावरील प्रदर्शनास उत्स्फूर्त सहभाग लाभला. सूत्रसंचालन प्रा. डॉ. डॉ. एस.एस.गिरी यांनी केले आभार प्रा. डी. के. नरळे यांनी मानले.

या प्रसंगी कोल्हापूर शहरातील विविध महाविद्यालयातील 105 प्राध्यापक व विद्यार्थ्यांनी सहभाग घेतला.

  
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Department of Chemistry  
Gopal Krishna Gokhale College, Kolhapur



आपला विश्वासू,  
  
प्र. प्राचार्य,  
गोपाळकृष्णागोखले महाविद्यालय,  
कोल्हापूर.





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**I/c Prin. Dr. R.B.Bhuyekar**  
 M.A., M. Phil., Ph.D.(Hindi)

Ref. No.GKG/ /2023-2024

Date -09/01/2024

**Title of Activity : One day Workshop on " Chemistry of Laugh " under Lead College Scheme**

**Date : 9<sup>th</sup> January 2024**

**Organized by : Department of Chemistry**

**Photo Gallery : Inauguration Function**



Opening of Workshop by watering the Plant



Address by Hon. Chief Guest Prin. Dr. L. D. Kadam



Participants



Presidential address by Hon. Prin. Dr. R. B. Bhuyekar

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Ref. No.GKG/ /2023-2024

Date -09/01/2024

**Title of Activity : One day workshop on " Chemistry of Laugh"**

**Date : 9<sup>th</sup> January 2024**

**Organized by : Department of Chemistry**

**Photo Gallery : Session I Speech by Dr. Vivek V. Koteksr on Science behind Laugh**



**Speech by Dr. Vivek V. Koteksr  
 on Science behind Laugh**



**Speech by Dr. Vivek V. Koteksr  
 on Science behind Laugh**



**Speech by Dr. Vivek V. Koteksr  
 on Science behind Laugh**



**Participants**

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Ref. No.GKG/ /2023-2024

Date -09/01/2024

Title of Activity : One day workshop on " Chemistry of Laugh"

Date : 9<sup>th</sup> January 2024

Organized by : Department of Chemistry

Photo Gallery : Session II Talk with Practicals by Dr. Dilip Shaha on Laughter Yoga & Health



Talk with Practicals by Dr. Dilip Shaha



Talk with Practicals by Dr. Dilip Shaha



Practicals with participants by Dr. Dilip Shaha



Practicals with participants by Dr. Dilip Shaha

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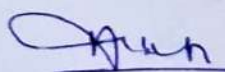
Vice Prin. Shri. N. T. Patil      I/c Prin. Dr. R.B.Bhuyekar  
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Ref. No.GKG/      /2023-2024      Date -09/01/2024

Title of Activity : **One day Workshop on " Chemistry of Laugh " under Lead College Scheme**  
 Date : **9<sup>th</sup> January 2024**  
 Organized by : **Department of Chemistry**  
 Photo Gallery : **Valedictory Ceremony- Participants' Opinion about overall workshop**



  
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Ref. No.GKG/ /2023-2024

Date - 09/01/2024

**Title of Activity : Chemistry Laugh One day work shop**

**Date : 09<sup>th</sup> January 2024**

**Organized by : Department of Chemistry**

**Summary :**

**Photos:**



**Outcome :** 1. Work shop taught as about the good health of human being  
 2. The majors taken for good health

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Ref. No.GKG/ /2023-2024

Date -09/01/2024

Title of Activity : One day Workshop on " Chemistry of Laugh " under Lead College Scheme

Date : 9<sup>th</sup> January 2024

Organized by : Department of Chemistry

Photo Gallery : Valedictory Ceremony- Distribution of certificates to participants



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**Title of Activity** : Seminar  
**Speaker** : Shri. R. P. Jadhav  
**Date** : 28<sup>th</sup> January 2024  
**Organized by** : Department of Nutrition and Dietetics  
**Summary** : Seminar on "Medicinal plant – A lifeline for human" was organized by Nutrition and Dietetics Course Students.  
**Snapshots** :



**Outcome:** This seminar helps to understand the importance of medicinal plants

Medicinal plants will be useful for maternal and child health care, as essential drugs, in food and nutrition, for common illnesses and injury, for endemic infectious diseases, mental health and oral health.

Medicinal plants are considered as rich resources of ingredients, which can be used in drug development either pharmacopeial, non-pharmacopeial or synthetic drugs. Apart from that, these plants play a critical role in the development of human cultures around the whole world.



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Ref. No.GKG/ /2023-2024

Date - 21/06/2023

**Title of Activity:** Yoga Day in GKG College  
**Speaker :** Dr. Joti Khade and Anushka Joshi  
**Organized by :** NCC Department on 21/06/2023.  
**Summary :** For 2023, the theme is "Vasudhaiva Kutumbakam". The Sanskrit phrase "Vasudhaiva Kutumbakam" translates to "The world is one family". This theme underscores the universal appeal of yoga, echoing the belief that the benefits of yoga are meant for all of humanity, promoting unity and harmony.

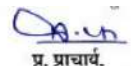
**Snapshots:**



**Outcome:** By this lecture students came to know,

1. Yoga improves strength, balance and flexibility
2. Yoga helps with back pain relief.
3. Yoga can ease arthritis symptoms.
4. Yoga helps you manage stress.



  
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**Program Coordinator**

**Principal,  
G. K. G. College, Kolhapur.**





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Ref. No.GKG/ /2023-2024

Date - 08 /07 /2023

**Title of Activity:** Hutatama Garden Swachata

**Speaker :** NCC Cadets

**Organized by :** GKG College Kolhapur

**Summary :** The importance of Swachh Bharat Abhiyan is recognised because the nationwide campaign raised awareness about cleanliness and hygiene among citizens. It educated people about the consequences of neglecting cleanliness and encouraged them to actively participate in the development of a hygienic environment.

**Snapshots:**



**Outcome:** By this event students came to know, Cleanliness is the most important habit one can possess, as cleanliness and health are interrelated. If you are clean, you can fight off and prevent many diseases, especially communicable diseases. Moreover, cleanliness enhances your physical, mental, and spiritual health.

**Program Coordinator**



*[Signature]*  
प्र. प्राचार्य,  
गोपाळ कुष्ण गोखले महाविद्यालय,  
कोल्हापूर

**Principal,**

**G. K. G. College, Kolhapur.**



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M. A., M.Ed.

**I/C Prin. Dr. R. B. Bhuyekar**  
M.A., M. Phil., Ph.D.

Title of Activity: Guest lecture on **Chakra meditation**

Speaker : **Smt. Nishta Jadhav**

Date : 13<sup>th</sup> July 2023.

Organized by : **Cultural department**

Summary : Guest lecture has been organized by cultural department on the topic **Chakra meditation** by **Smt. Nishta Jadhav** for the students. Smt. Nishta Jadhav imparted the knowledge about several benefits about meditation. She emphasized significance of meditation in today's world.

### Snapshots



**Outcome:** Following are the outcome of this programme –

- 1) Students enhance about the knowledge of meditation.
- 2) Students learnt about the skills of meditation.
- 3) Students get benefits of meditation.



*[Signature]*  
प्र. प्राचार्य,  
गोपाळ कृष्ण गोखले महाविद्यालय,  
कोल्हापूर



ShikshanPrasarak Mandal's  
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U-DISE - 27341304307

**Vice Prin. Shri. N. T. Patil**  
**M. A., M.Ed.**

**I/C Prin. Dr. R. B. Bhuyekar**  
**M.A., M. Phil., Ph.D.**

Title of Activity: **Self-defense Training program**

Speaker : Shri. Satish Vadangekar

Date : 15<sup>th</sup> July 2023

Organizedby : Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation

Summary : Self Ddefence Program was organized by Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation. Shri. Satish Vadangekar given the actual demo and training of self defense. He taught the various simple techniques of self-defense to the girl students.

Snapshots




Outcome: Following are  
outcome of this program

the

- 1) Students' aware about importance of self-defense.
- 2) Students got acquainted about various techniques of self defence.
- 3) Students boost the confidence level for their self-security.
- 4) Students came to know about the social situations and incidents about women security..



  
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**I/C Prin. Dr. R. B. Bhuyekar**  
**M.A., M. Phil., Ph.D.**

Title of Activity: **Self-defense Training program** in collaboration with Sakal Newspaper

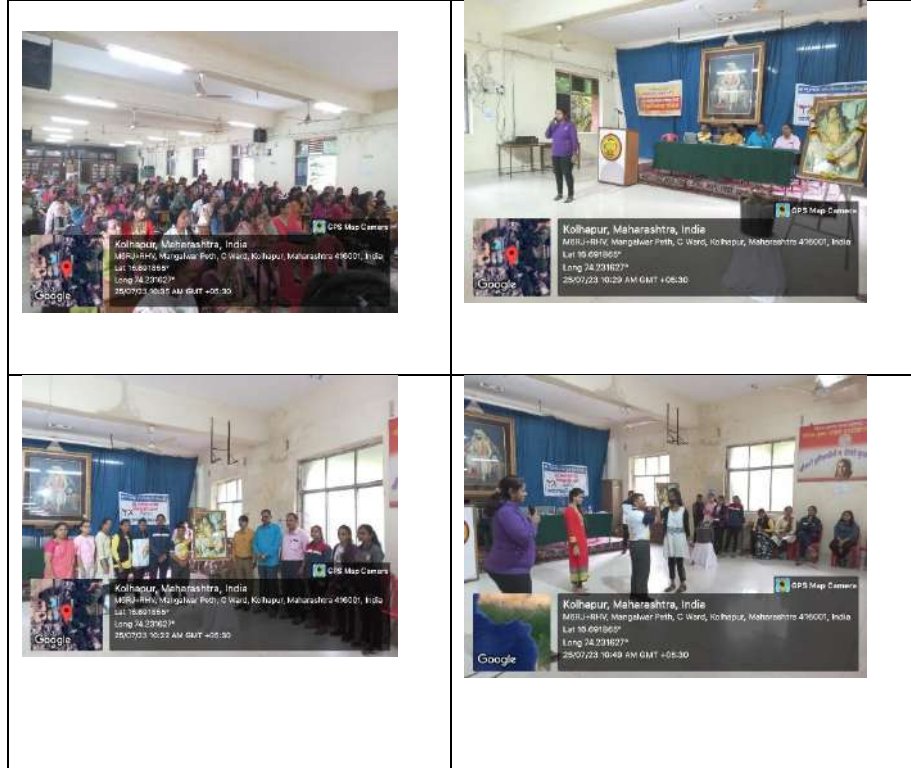
Speaker : Shri. Satish Vadangekar

Date : 25<sup>th</sup> July 2023

Organized by : Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation

Summary : Self Ddefence Program was organized by Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation. Shri. Satish Vadangekar given the actual demo and training of self defense. He taught the various simple techniques of self-defense to the girl students.

Snapshots



Outcome: Following are the outcome of this program

- 1) **Students' aware about importance of self-defense.**
- 2) **Students got acquainted about various techniques of self defence.**
- 3) **Students boost the confidence level for their self-security.**



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**I/C Prin. Dr. R. B. Bhuyekar**  
M.A., M. Phil., Ph.D.

Title of Activity: Guest lecture on **Chakra meditation**  
Speaker : **Smt. Nishta Jadhav**  
Date : 13<sup>th</sup> July 2023.  
Organized by : **Cultural department**  
Summary : Guest lecture has been organized by cultural department on the topic **Chakra meditation** by **Smt. Nishta Jadhav** for the students. Smt. Nishta Jadhav imparted the knowledge about several benefits about meditation. She emphasized significance of meditation in today's world.


### Snapshots



**Outcome:** Following are the outcome of this programme –

- 1) Students enhance about the knowledge of meditation.
- 2) Students learnt about the skills of meditation.
- 3) Students get benefits of meditation.



  
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M.A., M. Phil., Ph.D.

Ref. No.GKG/ /2024-2025

Date – 12/08/2024

**Title of Activity : **Nasha Mukti Abhiyaan.****

**Participants : 40**

**Date : 12 August, 2024**

**Organized by : NSS;**

**Program Officers: Dr. S. G. Rakshase and Prof. J.V. Khanapurkar**

**Summary : As per the guidelines of Government Of India and Maharashtra, under Nasha Mukti Abhiyaan, the Students and staff of College participated and taken pledge to keep away from all type of Nasha and pledged against drug abuse as well.**

**Snapshots:**



**Outcome: This campaign exposed the students to-**

- 1. Create awareness in the college students,**
- 2. Create awareness in the community,**
- 3. Continuing engagement and involvement of youth in the nasha mukt abhiyaan,**
- 4. Message of the abhiyaan reaches youth of the country.**



*D. V. N.*  
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Ref. No.GKG/ /2023-2024

Date - 19/08 /2023

**Title of Activity:** Blood Donation Camp

**Speaker :** YIN (Sakal Newspaper)

**Organized by :** YIN (Sakal Newspaper)

**Summary :** Thousands of patients would die daily if there is insufficient quality blood in stock. When one donates blood, they give patients the gift money cannot buy or science cannot create. A unit of blood can save up to three lives as blood is separated into red blood cells, plasma and platelets.

**Snapshots:**



**GKG College NCC Cadets in Blood Donation Camp**

**Outcome:** By this event students came to know,

1. Cardiovascular Health.
2. Enhanced Red Blood Cell Production.
3. Health Checkup.
4. Blood Pressure Regulation.
5. Promoting a Healthier Way of Life.

**Program Coordinator**



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**M. A., M.Ed.**

**I/C Prin. Dr. R. B. Bhuyekar**  
**M.A., M. Phil., Ph.D.**

Title of Activity: **Face to face workshop adolescence girl students**

Speaker : Dr. Shirish Patil

Date : 13<sup>th</sup> and 14<sup>th</sup> September 2023

Organized by : Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation

Summary : Face to face workshop adolescence girl students was organized by Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation. Hon. Dr. Shirish Patil given presentations for the adolescence girls in the school of the institute. Tudents much benefited from the workshop.

Snapshots



Outcome: Following are the outcome of this program

- 1) **Students' aware about importance of physical and mental health.**
- 2) **Students get acquainted about the physical changes during the adolescence phase.**
- 3) **Students boost the confidence level about their studies and career.**
- 4) **Students came to know about the how to face the competition.**



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M. A., M. Phil., Ph.D.

Ref. No.GKG/ /2023-2024

Date - 29 /09 /2023

**Title of Activity:** Ganesh Utsav Nirmalya Swachata Abhiyan  
**Speaker :** Lt. D. K. Narale  
**Organized by :** GKG College Kolhapur and YCKMC College Kolhapur  
**Summary :** Ganesh Utsav Nirmalya Swachata Abhiyan  
**Snapshots:**



**GKG College and YC KMC Kolhapur NCC Cadets Swachata Abhiyan**

**Outcome:** **By this event students came to know,**  
Cleanliness is the most important habit one can possess, as cleanliness and health are interrelated. If you are clean, you can fight off and prevent many diseases, especially communicable diseases. Moreover, cleanliness enhances your physical, mental, and spiritual health.

**Program Coordinator**



  
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Vice Prin. Shri. N. T. Patil

I/C Prin. Dr. R. B. Bhuyekar  
M.A., M. Phil., Ph.D.


**Title of Activity** : Workshop  
**Speaker** : Dr. Akshay Ashok Bafana  
**Date** : 30<sup>th</sup> September 2023  
**Organized by** : Department of Nutrition and Dietetics  
**Summary** : Workshop of “**Cardiopulmonary Resuscitation**” was organized for Nutrition and Dietetics Course Students.  
**Snapshots** :



**Outcome:** Following are the outcome of this program

- 1) Students gain knowledge about heart disease in health education and the immediately treatment on suffering a cardiac arrest hence awareness and adequate training for CPR.
- 2) Dr. Akshay Ashok Bafana encouraged all for students to participate in training “anyone can suffer from cardiac arrest at any given point in time and enhanced knowledge and training will aid in administering the right procedure and save a life”.



  
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**I/C Prin. Dr. R. B. Bhuyekar**  
M. A., M. Phil., Ph.D.

Ref. No.GKG/ /2023-2024

Date - 01 /10 /2023

**Title of Activity:** Swachata Abhiyan (Ek Tas Ek Sath)  
**Speaker :** Rahul Rajgolkar (Kolhapur Corporation)  
**Organized by :** GKG College Kolhapur and Kolhapur Corporation  
**Summary :** Swachata Abhiyan (Ek Tas Ek Sath)  
**Snapshots:**



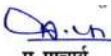
**GKG College NCC Cadets and Kolhapur Corporation Swachata Abhiyan**

**Outcome:** **By this event students came to know,**  
Cleanliness is the most important habit one can possess, as cleanliness and health are interrelated. If you are clean, you can fight off and prevent many diseases, especially communicable diseases. Moreover, cleanliness enhances your physical, mental, and spiritual health.

**Program Coordinator**

**Principal,  
G. K. G. College, Kolhapur.**



  
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I/C Prin. Dr. R. B. Bhuyekar  
M.A., M. Phil., Ph.D.

**Title of Activity** : Guest Lecture  
**Speaker** : Dr. Shubhash Tukaram Ingale.  
**Date** : 10<sup>th</sup> October 2023  
**Organized by** : Department of Nutrition and Dietetics  
**Summary** : Guest Lecture on "Healthy Millet, Healthy People" was  
Organized by Department of B. Voc. for Nutrition and Dietetics  
Course Students.

**Snapshots** :



**Outcome:** Following are the outcome of this program

- 1) Students gain knowledge about millets are whole grain that's packed with protein, antioxidants, and nutrients.
- 2) They may have numerous health benefits.
- 3) Students acquired knowledge of the potential health benefits of millet



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Title of Activity: **Ganesh Visarjan Rally**

Date : 29<sup>th</sup> Oct. 2023

Organized by : Cultural Committee & Sakal YIN Club.

Summary : Students of the college participated in Ganesh Visarjan Rally which is organized by Sakal YIN Club.

**Snapshots**



## 'यिन' तर्फे पोलिस कर्मचाऱ्यांना सुकामेव्याची पाकिटे



**सकाळ वृत्तसेवा**

कोल्हापूर, ता. २९ : गणेशोत्सव विसर्जन मिरवणुकीत बंदोबस्तात असलेल्या पोलिस कर्मचाऱ्यांना सकाळ माध्यम समूहाच्या युंग इन्स्पिरेटर्स नेटवर्कतर्फे (यिन) सहभागी सुकामेव्याची पाकिटे पंचवण्याचे काम केले आणि पोलिसांमार्फत असलेल्या आढावाची भावना व्यक्त केली.

पोलिसांवरून बंदोबस्ताचा ताण हलका व्हावा व त्यांच्या शरीराला सुकामेव्यातून ऊर्जा मिळावी, यासाठी उपक्रमाचे आयोजन केले होते. यिनच्या सहभागी पंचांग नंद, गंगावेस, पापाची तिक्टी, महाडार रोड, विनखावी गणेश मंदार, मिरजकर तिक्टी, कोळेकर तिक्टी, खरं कर्मर, खासबाग मैदान, इराणी खाण परिसरात बंदोबस्तात धांवलेल्या पोलिसांना सुकामेव्याची पाकिटे वाटप



कोल्हापूर : सकाळ माध्यम समूहाच्या युंग इन्स्पिरेटर्स नेटवर्कतर्फे (यिन) गणेशोत्सव विसर्जन मिरवणुकीत बंदोबस्तात असलेल्या पोलिस कर्मचाऱ्यांना सुकामेव्याच्या पाकिटांचे वाटप झाले. शेजारी अपर पोलिस अधीक्षक जयश्री देसाई, उपविभागीय पोलिस अधिकारी संकेत गोसावी, उद्योजक राहुल देशमुख, यिन सहायक व्यवस्थापक अवधूत गायकवाड व यिन सदस्य.

केली. यिन सहायक व्यवस्थापक अवधूत गायकवाड, अनुभव कापल, कुंदन भास्कर, मोहन मोरे, संकेत पावार, ऋषीवेश बांधंडे, कैदार चौगुले, हर्षल गांगडे, अंजना रसाळ,

श्रेया चौगुले, स्नेहल परेट, तोषा मोळे, राबलरुमी करप, चेतना रांगे, विंदुला कुलकर्णी, अंकिता पावसल, रिया माणळ, परण हिडेकर, उमेश चावो यांनी संयोजन केले.

गणेशोत्सव विसर्जन मिरवणुकीच्या बंदोबस्ताचा पोलिसांवर ताण असतो. दिवस-रात्र त्यांना रस्त्यावर उभे राहून कर्तव्य बजावावे लागते. त्यांना यिनच्या सहभागी इंग्रिसांची पाकिटे देण्याचे काम केले आणि सामाजिक बांधिलकीचा प्रत्यय दिला.

**- जयश्री देसाई,**  
अपर पोलिस अधीक्षक

यिनच्या व्यासपीठाचे काम मी ऐकून होतो. त्याचा एक एक व्ह्याव, असे मला वाटत होते. गणेशोत्सव विसर्जन उपक्रमात मला ती संधी मिळाली. ही पडपडपारी तरुणाई पाहिली की, समाजात ते नक्की बदल पडवतील, असा विश्वास वाटतो. यापुढेही मी यिनला सहकार्य करेन.

**- राहुल देशमुख,** उद्योजक

Kolhapur Kolhapur-Today  
30/10/2023 Page No 2

*Rhanganale*  
Chairman,  
Cultural Committee

*[Signature]*  
Principal  
Gopal Krishna Gokhale College,  
Kolhapur.



Shikshan Prasarak Mandal's  
**GOPAL KRISHNA GOKHALE COLLEGE,**  
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U-DISE - 27341304307

**Vice Prin. Shri. N. T. Patil**  
M. Sc. B.Ed.

**I/C Prin. Dr. R. B. Bhuyekar**  
M. A., M. Phil., Ph.D.

Ref. No.GKG/ /2023-2024

Date - 01 /12 /2023

**Title of Activity:** AIDS Awareness Day Rally

**Speaker :** Kolhapur Corporation

**Organized by :** GKG College Kolhapur and Kolhapur Corporation

**Summary :** Every year, on 1 December, the world commemorates World AIDS Day. People around the world unite to show support for people living with and affected by HIV and to remember those who lost their lives to AIDS. The world can end AIDS, with communities leading the way.

**Snapshots:**



**GKG College NCC Cadets in AIDS Rally**

**Outcome:** **By this event students came to know,**  
The World AIDS day, which has been observed every year starting from 1988, has focused on creating an awareness among the people of AIDS and educate them not to discriminate against people who have been affected with HIV.

**Program Coordinator**

**Principal,**  
**G. K. G. College, Kolhapur.**



*Dr. N. T. Patil*  
प्र. प्राचार्य,  
गोपाळ कृष्ण गोखले महाविद्यालय,  
कोल्हापूर



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**Vice Prin. Shri. N. T. Patil**  
**M. A., M.Ed.**

**I/C Prin. Dr. R. B. Bhuyekar**  
**M.A., M. Phil., Ph.D.**

Title of Activity: **Health of women**

Speaker : Smt. Arti Patel

Date : 6<sup>th</sup>December 2023

Organizedby : Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation

Summary : Program about the health andhygiene of woman was organized by the Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation. Hon. Dr. Manjiri More ,Chairman,ShikshanPrasarak Mandal, Kolhapur and President of Smt. Sushiladevi M. Desai Yuvati Sachetana Foundation praised the program. All women faculties and students were present for the program.

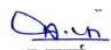
Snapshots



Outcome: Following are the outcome of this program

- 1) Students' aware about importance of health.
- 2) Students get acquainted about hygiene of the health.
- 3) Students come to know about the importance of menstrual cycle.
- 4) Students came to know about the how to groom ourselves.



  
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कोल्हापूर

Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur



LATE MLA DILIPRAO M DESAI DEPARTMENT OF COMPUTER  
SCIENCE AND BCA

Date: 25 /12/2023

## Notice

All the students of B.C.A are hereby informed that, a Seminar will be organized on Thursday, 28 Dec, 2023 at 10.00 am to 12.00 pm in the lecture hall.

**Speaker:** Dr. Pooja Bonde, MBBS DDVL, Consultant Dermatologist & Cosmetologist.

**Subject:** "Edge Talk on Acne Treatment"

  
Head of Department  
Bachelor of Computer Application (B.C.A.)  
G. K. G. College, Kolhapur





GPS Map Camera

Kolhapur, Maharashtra, India  
Subhash Rd, Mangalwar Peth, Y.P.Powar nagar, Kolhapur, Maharashtra  
416012, India  
Lat 16.691375°  
Long 74.231665°  
28/12/23 10:44 AM GMT +05:30

Google



GPS Map Camera

Kolhapur, Maharashtra, India  
Shop No 1 Near By Swami Vivekananda Chowk Gokhale College, Y.P.Powar  
nagar, Kolhapur, Maharashtra 416001, India  
Lat 16.691438°  
Long 74.231732°  
28/12/23 10:43 AM GMT +05:30

Google



GPS Map Camera

Kolhapur, Maharashtra, India  
near hutatma park main road, Subhash Rd, opp. gokhale college,  
Mangalwar Peth, Shivaji Udyam Nagar, Kolhapur, Maharashtra 416001,  
India  
Lat 16.691500°  
Long 74.23178°  
28/12/23 10:39 AM GMT +05:30

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Shikshan Prasarak Mandal's  
Gopal Krishna Gokhale College, Kolhapur



LATE MLA DILIPRAO M DESAI DEPARTMENT OF COMPUTER  
SCIENCE AND BCA

Date: 28/11/2023

Seminar on Edge Talk on Acne Treatment

Attendance Sheet

Sr. No	Students Name	Mobile No	Signature
1	Sahil Sanjivrao Patil	8468844309	
2	Sahil Mahadev Patil	9605608230	
3	Nikhil Tanuji Kalekar	7972971234	
4	Mihir. Mandar. Jawadekar	7499156570	
5	Vallabh Madhukar Billore	7558559092	
6	Saad .M. Nadaf	7378661415	
7	ARNAW .D .WARKE	7972058188	
8	Piyush P. Jadhav	9284855343	P. M. Jadhav
9	Atif - A. maner	8888972073	
10	Vishwajeet .L. Tikale	8087537950	V. Tikale
11	Hemant .S. Shelke.	9769259088	
12	Swapnil . Patil	8767057790	
13	Shreyash . Chovan	959215507	
14	Kiran . Gurav	7058123580	
15	Rohan . J. Mane	8446964800	
16	Utkarsh . Patil	7249854748	
17	Prathamesh . Lambode	9673511714	
18	Pranjosh Pr. Parole	7350168491	
19	Amidhar .p. Kamble	9637563001	
20	Aditya D. Patil	7666398070	
21	Saurabh A. Pujeri	8262899950	
22	Moin S. Khonde	9657981137	

Sr. No	Students Name	Mobile No	Signature
24	Kamlik . B. Dore	8010375207	
25.	Akash amare sryh.	7385510985	
26.	Saurav Krishnat Kumbale	7767958528	
27	Nitin Kur . Nitin Bhandekar	9404728800	
28	MD. Mujammil J. Nalband	82122138303	
29.	Akash Chanchrakant Sutar	9673686955	
30.	Bha. patel	84774534981	
31	Soham Purushottam Navare	9604142348	
32	Sameeth Santosh Khisugade	9579496333	
33	Vandana Vinod Kamate	7058728230	
34	Praywal Dipak Kothawale.	9069330100	
35	Pran Eknath Patil .	9420195577	
36	Ubed Mujawar	9096312033	
37	Omkar Kadam	9529382645	
38	Somesh Haval	7972581852	
39	Digvijay Mandlik	7276552616	
40	Shubham K. Hukkerikar	8208157503	S.K. HUKKERIKAR
41	Ayush Karpe	9766220949	
42	Avesh Shaikh	9676762636	
<del>43</del> 43.	Sohel S. Shaikh	8485816325	
44.	Rahul . D. Veer	8805282411	R.D. Veer
45.	Sarvesh . S. Dange	9422625908	S.S.D
46.	Himalay A. Singh	7057558295	
47.	Swaraj A patil	7058124894	
48	Akash A Singh	9057556296	
49	Danish S. Wadani	9426009335	D.S. Wadani
50	Aditya . T. patil	9529177445	
51	Ramkrishna N. Bongale	8010272294	
52	Rohan . R. Giri	8956710553	R.Giri
53	Rupam . D. Singh	8102169479	
54.	Talha . J. Shaikh	7058570828	



Sr. No	Students Name	Mobile No	Signature
55	Sahina R. Mieshikarji	8767670536	<u>Spm</u>
56	Mubsira Attas	7058515454	<u>M.</u>
57	Shrutika Sawant	8999815757	<u>Sawant</u>
58	Prachi Chougale	9284840113	<u>P.S.C</u>
59	shreeya Kusade	7741049571	<u>Kusade</u>
60	Poonam Chougale	7499033380	<u>Poonam</u>
61	Vinanti Nadas	9522196284	<u>Nadas</u>
62	Sandhya Dhanawade	9356908285	<u>Dhanawade</u>
63	Dhanashree Mane	7841044256	<u>Mane</u>
64	Shruti Patil	8999380046	<u>S.S.Patil</u>
65	Aishwarya Apute	8830838371	<u>A.</u>
66	samruddhi J. Jadhav	8446792946	<u>S.Jadhav</u>
67	Samruddhi P. Dhalepatil	7030018110	<u>S.P.</u>
68	Samiksha S. Patil	9807604876	<u>S.Patil</u>
69	Vaishnavi S. Shinde	9226768797	<u>V.S. Shinde</u>
70	Pranjal V. Desavale	8055690840	<u>P.Desavale</u>
71	Swarali S. Pandat	7378762177	<u>Pandat</u>
72	Aaravarsi M. Deshmukh	9190003556	<u>A.Deshmukh</u>
73	Gaytri B. Dahiore	8766416700	<u>Gaytri</u>
74	Sanija M. Kamble	8237309770	<u>S.Kamble</u>
75	Disha S. patil	7276703621	<u>Dishap.</u>
76	sifa S. Shaikh	8421555286	<u>S.S.S.</u>
77	Samruddhi V.S. Sonawane	8600162820	<u>S.S.V.S.</u>
80	Nisha J. karkar	8010302979	<u>N.S.karkar</u>
81	Shraddha K. Solase	8668815353	<u>S.K.S</u>
82	Gauri R. Hande	7058792944	<u>G.R.H</u>
83	Shweta S. Rammale	9767581796	<u>S.Rammale</u>
84	Apurva J. Desai	9356208023	<u>Desai</u>
85	Pooja V. Lavand	9960542120	<u>P.Lavand</u>





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Vice Prin. Shri. N.T. Patil

I/C Prin. Dr. R. B. Bhuyekar  
M.A., M. Phil., Ph.D.

<b>Title of Activity</b>	:	Guest lecture
<b>Speaker</b>	:	Dr. N. R. Mane
<b>Date</b>	:	29 <sup>th</sup> December 2023
<b>Organized by</b>	:	Department of Nutrition and Dietetics
<b>Summary</b>	:	Guest Lecture on "Relationship between diet and health and health disease" was organized by Department of B. Voc. For Nutrition and dietetics Course Students.

**Snapshots**



**Outcome:** Following are the outcome of this program

- 1) Students gain knowledge about a healthy diet helps children grow and develop properly and reduces their risk of chronic diseases.
- 2) Students get knowledge about good nutrition provides a mechanism to promote health and prevent disease.
- 3) Students understand the who eat a healthy diet live longer and have a lower risk of obesity, heart disease, and certain cancer



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