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Shikshan Prasarak Mandal's
GOPAL KRISHNA GOKHALE COLLEGE,
KOLHAPUR.

'B' Ward, Subhash Road, Kolhapur Pin- 416 012. P. Box. No.-3
Phone No- (0231) 2642540 /2642340
NAAC Accredited "B" (C.G.P.A. 2.48) 3rd Cycle



E-Mail- gkgcollege1950@gmail.com
U-DISE - 27341304307

g260.cl@unishivaji.ac.in Web Site:- www.gkgcollege.edu.in

Vice Prin. Shri. N. T. Patil
M. A. M.Ed.

I/c Prin. Dr. R.B.Bhuyekar
M.A., M. Phil., Ph.D.(Hindi)

Ref. No.GKG/1293/2023-2024

Date -04/01/2024

To,
The Principal / Chairman
Lead College Scheme (The New College Cluster)
The New College, Kolhapur.

Subject : About dates of workshops to be organized in month January 2024 under
Lead College Scheme

Reference – NCK/3220/2023-2024 Dated 15/12/2023.

Respected Sir,

As per the subject and reference mentioned above, our college is going to organize the following workshops on the dates mentioned,during academic year 2023-2024.

Sr. No.	Name of Workshop	Name of Department	Day & Date
1	Chemistry of Laugh	Chemistry	Tuesday, 09 th January 2024
2	E-Learning , E-Resources in Academic Library	Library	Friday, 19 th January 2024

Thanking you,

Yours faithfully,

Co-ordinator
Lead College Scheme
G.K.G. College, Kolhapur.

I/c. Principal,
Gopal Krishna Gokhale College,
Kolhapur.



Passes
8-1-24

Shikshan Prasarak Mandal's
Gopal Krishna Gokhale College, Kolhapur.
One Day Workshop
On



"Chemistry of Laugh"
Organized by
Department of Chemistry
(Under Shivaji University Lead College Scheme)

Inauguration Function

Day & Date: - Tuesday, 9th January, 2024

Time: 10.45 a.m. to 11.15 a.m.

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall

President : Hon. Principal Dr. R. B. Bhuyekar

Chief Guest : Hon. Dr. L. D. Kadam
Principal & Member of Working Committee,
Lead College Scheme, New College Cluster,
Rajashri Chattrapati Shahu College,
Kadamvadi, Kolhapur.

Gracious Presence : Hon. Dr. Mrs. Manjiri Ajitrao More,
Chairman, Shikshan Prasarak Mandal, Kolhapur.

: Hon. Prof. Jaykumar M. Desai,
Secretary, Shikshan Prasarak Mandal, Kolhapur.

: Hon. Shri. Daulatrao Jaykumar Desai,
Patron Council Member,
Shikshan Prasarak Mandal, Kolhapur.

: Hon. Shri. Pramod B. Zavare
Teacher Representative Council Member,
Shikshan Prasarak Mandal, Kolhapur.

: Vice- Prin. Shri. N.T. Patil.

: Prof. Dr. D.V. Awale, NAAC Co-ordinator

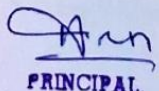
: Shri. P. P. Sutar, Co-ordinator Lead College Scheme
& Head, Department of Chemistry

Programme

1. Watering the Plant : By Chief Guest & dignitaries
2. Welcome & Introduction : Shri. P. P. Sutar, Lead College Co-ordinator & HOD.
3. Chief Guest Introduction : Shri. P. B. Zavare, Workshop Co-ordinator.
4. Chief Guest Address : Hon. Prin. Dr. L. D. Kadam.
5. Presidential Address : Prin. Dr. R. B. Bhuyekar.
6. Vote of Thanks : Shri. D. K. Narale

Anchoring : Dr. Mrs. Smita S. Giri


HEAD
Department of Chemistry
Gopal Krishna Gokhale College, Kolhapur.


PRINCIPAL,
Gopal Krishna Gokhale College
Kolhapur.

Shikshan Prasarak Mandal's
Gopal Krishna Gokhale College, Kolhapur.

One Day Workshop
On

"Chemistry of Laugh"

Organized by

Department of Chemistry

(Under Shivaji University Lead College Scheme)

Day & Date : Tuesday, 09th January, 2024.

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall



Program Schedule

Registration & Tea: 09.30 a.m. to 10.30 a.m.

Inauguration Function Time: 10.45 a.m. to 11.15 a.m.

Session – I Time: 11.15 a.m. to 12.15 p.m.

Resource Person : Dr. Vivek Vitthal Kotekar, Counseling Psychologist, Kolhapur.

Speech on Science behind Laugh

Introduction : Prof. Dr. D. V. Awale

Chair Person : Dr. C. P. Kurne, HOD, History Dept. G. K. G. College

Vote of Thanks : Prof. Dr. D. V. Awale

Session – II Time: 12.15 p.m. to 01.15 p.m.

Resource Person : Dr. Dilip Shaha, Ambassador, Laughter Yoga International

Speech with Practical on Laughter Yoga & Health

Introduction : Shri. P. B. Zavare

Chair Person : Shri. Bhanudas Kolekar, Ambassador, Laughter Club International

Vote of Thanks : Shri. P. B. Zavare

Lunch Break: 01.15 p.m. to 02.00 p.m.

Session – III Time: 02.00 p.m. to 03.00 p.m.

Resource Person : 1) Prof. Dr. D. V. Awale **Speech on Chemistry of Happy Hormones**

2) Shri. P. B. Zavare **Speech on Laughter Yoga as a Medicine**

Chair Person : Dr. R. P. Jadhav HOD Botany Dept.

Vote of Thanks : Dr. Mrs. S. S. Giri

Valedictory Ceremony Time: 03.15 p.m. to 04.00 p.m.

Introduction : Dr. Mrs. S. S. Giri

Chair Person : Shri. P. B. Zavare

Participant opinion :

Vote of Thanks : Shri. P. P. Sutar

Distribution of Certificates Time: 04.00 p.m. to 05.00 p.m.

Anchoring : Dr. Mrs. S. S. Giri

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Ref. No.GKG/ /2023-2024

Date -09/01/2024

Title of Activity : One day Workshop on " Chemistry of Laugh " under Lead College Scheme

Date : 9th January 2024

Organized by : Department of Chemistry

Photo Gallery : Inauguration Function



Opening of Workshop by watering the Plant



Address by Hon. Chief Guest Prin. Dr. L. D. Kadam



Participants



Presidential address by Hon. Prin. Dr. R. B. Bhuyekar

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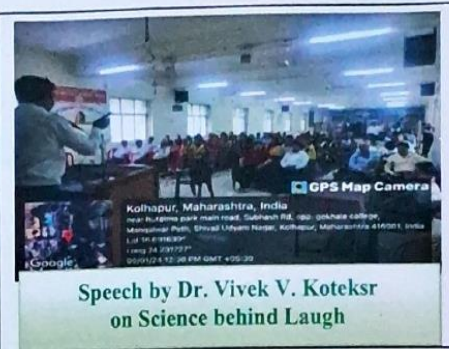
Date -09/01/2024

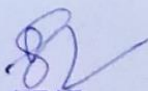
Title of Activity : One day workshop on " Chemistry of Laugh"

Date : 9th January 2024

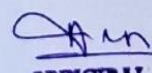
Organized by : Department of Chemistry

Photo Gallery : Session I Speech by Dr. Vivek V. Koteksr on Science behind Laugh




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Ref. No.GKG/ /2023-2024

Date -09/01/2024

Title of Activity : One day workshop on " Chemistry of Laugh"

Date : 9th January 2024

Organized by : Department of Chemistry

Photo Gallery : Session II Talk with Practicals by Dr. Dilip Shaha on Laughter Yoga & Health



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Ref. No.GKG/ /2023-2024

Date -09/01/2024

Title of Activity : **One day Workshop on " Chemistry of Laugh " under Lead College Scheme**
 Date : **9th January 2024**
 Organized by : **Department of Chemistry**
 Photo Gallery : **Valedictory Ceremony- Participants' Opinion about overall workshop**



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Education Trusts of Maharashtra
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Ref. No.GKG/ /2023-2024

Date - 09/01/2024

Title of Activity : Chemistry Laugh One day work shop

Date : 09th January 2024

Organized by : Department of Chemistry

Summary :

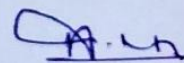
Photos:



Outcome : 1. Work shop taught as about the good health of human being
 2. The majors taken for good health


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Shikshan Prasarak Mandal's
Gopal Krishna Gokhale College, Kolhapur.
One Day Workshop

"Chemistry of Laugh"
Organized by

Department of Chemistry
(Shivaji University Lead College Scheme)
(The New College Cluster)

Venue : Shikshan Maharshi Prin. M. R. Desai Library Hall
Day & Date : Tuesday, 09th January, 2024.

Session - I : Time: 11.15 a.m. to 12.15 noon.

Resource Person : Dr. Vivek Vitthal Kotekar
Counseling Psychologist Kolhapur.
(Speech on Science behind Laugh)

Attendance Sheet

Sr. No.	Name	Class	Signature
1	Prof. P. B. Mulla	GKG	P. B. Mulla
2	Prof. S. M. Majgaonkar	GKG	S. M. Majgaonkar
3	Dr. S. S. Lendave	GKG College	S. S. Lendave
4	Sanika Nilesh Kanbaakar	SSCM B.Sc	Sanika Kanbaakar
5	Vishiri Vihav Chikhalkar	SSCM B.Sc	Vishiri Chikhalkar
6	Aakanksha Pradeep Kalekar	SSCM B.Sc	A. P. Kalekar
7	Rutuja Ramchandra Desai	SSCM B.Sc	R. Desai
8	Miss P. A. Gholap (Asst. Professor)	VCK	P. A. Gholap
9	Miss S. N. Inamdar (Asst. Prof.)	VCK	S. N. Inamdar
10	Pradnya Sakharan Gosavi	VCK	P. Gosavi
11	Sanika Satish Bhojkar	VCK	S. Bhojkar
12	Reena Suresh Jadhav	VCK	R. Jadhav
13	Sakshi Naadkumar Chotthe	VCK	S. Chotthe
14	Pratiksha Dipak Koruche	VCK	P. Koruche
15			
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(Speech on Science behind Laugh)

Attendance Sheet

Sr. No.	Name	Class	Signature
21	Shrutika S. Vankudre	BSC-3 rd	S. Vankudre
22	Vaijayanti P. Patil	BSC-3 rd	V. Patil
23	Rutuja M. Patil	BSC-3 rd	R. Patil
24	Priyanka N. Thambkar	Teacher	P. Thambkar
25	Komal J. Rajput	BSC-3 rd	K. Rajput
26	Sayali Rajaram Patil	BSC-3 rd	S. Patil
27	Aarushi Vishal Abdegare	BSC III	A. Abdegare
28	Pratiksha Babasa Kamble	BSC III	P. Kamble
29	Shrutika Sachin Kashid	BSC III	S. Kashid
30	Sujata Gopal Navagekar	BSC III	S. Navagekar
31	Rutuja Suresh Gudade	BSC III	R. Gudade
32	Dnyaneshwari Yuvraj Patil	BSC III	D. Patil
33	Sayali Balwant Alavkar	BSC III	S. Alavkar
34	Shrutika Suresh Kadare	BSC III	S. Kadare
35	Dhanshree S. Jadhav	BSC III	D. S. Jadhav
36	Priyanka R. Chavan	BSC III	P. Chavan
37	Gaurav Suresh Chougale	BSC III	G. Chougale
38	Omkar Sambhaji Patil	BSC III	O. Patil
39	Jahesha Sanjay Myawar	B.C.A II	J. Myawar
40	Ganija Sandip Nale	B.C.A II	G. Nale
41	Anuja Hitakshi Shenkarhal	B.C.A II	A. Shenkarhal
42	Disha Dattaguru Satam	B.C.A II	D. Satam

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(Speech on Science behind Laugh)

Attendance Sheet

Sr. No.	Name	Class	Signature
41	shubham Kisan Patil	BSC-III	P. Patil
42	Saurabh Taraji Ghadkekar	B.Sc. III	S. Ghadkekar
43	Prathamesh Harivijay Ghadkekar	B.Sc. III	P. Ghadkekar
44	Sanket Jayawant Kamble	B.Sc. III	S. Kamble
45	Karan Shashikant Jadhav	B.Sc. III	K. Jadhav
46	Sushilkumar Shashikant Magdum	B.Sc. III	S. Magdum
47	Sushant Suresh Kshirsagar	B.Sc. III	S. Kshirsagar
48	Nitesh Jyotidas Thombare	B.Sc. III	N. Thombare
49	Prathivraj Ravasheb Lohar	BSC-III	P. Lohar
50	Sujay Suresh Kalkutki	BSC-III	S. Kalkutki
51	Santhak Sanjay Kanire	BSC III	S. Kanire
52	Anush Anil Kamble	BSC III	A. Kamble
53	amkar. S. Bote	BSC III	A. Bote
54	vairbhav binkar magdum	BSC III	V. Magdum
55	swray. S. Sarnark	BSC III	S. Sarnark
56	shivam. S. Patil	BSC III	S. Patil
57	Akash Suryakant Patil	BSC III	A. Patil
58	Digvijay Shahaji Kapase	BSC III	D. Kapase
59	Ramesh. Anando Kadoli	BSC III	R. Kadoli
60	satish. S. Jadhav	BSC III	S. Jadhav

Department of Chemistry
Gopal Krishna Gokhale College, Kolhapur

मनमुराद हसाल तरच आजारापासून दूर डॉ. दिलीप शाह यांचे प्रतिपादन

कोल्हापूर: प्रतिनिधी
छोट्या-छोट्या गोष्टीत आनंद आहे तो शोधून हास्याच्या माध्यमातून आपले जीवन निरोगी बनवावे. त्यामुळे शरीरातील वतप्रवाह सुरूळीत होतो व पोटातील अवयवांचा व्यायाम होतो. आयुष्य वाढते व कोणताही आजार होत नाही चेहऱ्यावर तेज येते असे प्रतिपादन डॉ. दिलीप शाह यांनी केले.

शिवाजी विद्यापीठ, लिड कॉलेज स्कीम व द न्यू कॉलेज कोल्हापूर क्लस्टर तर्फे गोपाळ कृष्ण गोखले महाविद्यालयात आयोजित हसण्यातील रसायनशास्त्र या विषयावरील एक दिवसीय कार्यशाळेत ते बोलत होते. यावेळी डॉ. एल. डी. कदम यांनी बोलताना जीवन जगत असताना आपल्या मनावर विविध गृहितके विचवली जातात परंतु त्यातून बाहेर पडून हास्याद्वारे मुक्त आनंदी जीवन जगण्याचा प्रयत्न केल्यास जीवन आनंदमय वनेल असे मत व्यक्त केले. पाहण्याचा



परिचय प्रा. पी. बी. झावरे यांनी करून दिला.

अध्यक्षीय मनोगत व्यक्त करताना प्राचार्य डॉ. आर. बी. भुयेकर यांनी सदरची कार्यशाळा महत्त्वाची असून वैश्विकीकरणामध्ये आपण वावरत असून तणावग्रस्त जीवनात आनंदी राहून निरोगी आयुष्य जगण्यासाठी हास्यकला आत्मसात करणे काळाची गरज आहे, असे मत व्यक्त केले. स्वागत व प्रस्ताविक प्रा. पी. पी. सुतार यांनी केले. यावेळी डॉ. एल. डी. कदम (प्राचार्य राजर्षी छ. शाहू महाविद्यालय, कोल्हापूर) डॉ. विवेक विठ्ठल कोतेकर व प्राचार्य

डॉ. आर. बी. भुयेकर यांच्या हस्ते रोपाला पाणी घालून कार्यशाळेचे उद्घाटन करण्यात आले. तसेच प्रथम सत्रात बोलताना डॉ. विवेक कोतेकर यांनी सध्या धावपळीचे जग असून दिवसेंदिवस तरुण पिढी हास्य विरसन तणावग्रस्त बनली आहे. मोबाईलच्या मोड्यात अडकली असून आपण सकारात्मक मानसिकता ठेवून हास्याच्या माध्यमातून जीवन आनंदी व सुंदर बनवावे असे मत व्यक्त करून हास्य प्रकारांचे प्रात्यक्षिक करून दाखवली. त्याचा सर्व उपस्थितांनी सहभाग घेऊन मनमुराद हास्याचा अनुभव घेतला.

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